



VTТА YORKSHIRE GROUP OPEN 10 MILE TIME TRIAL



Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations

OFFICIAL START SHEET

Saturday 31st August 2019
(Rescheduled from 13th July 2019)

Starting at 14.00

Event Organiser

Mike Penrice

Tawnylands, South Duffield Road, Osgodby, Selby, YO8 5HP

Tel 01757 291196 & 07598 168709

Email mike@mrpenrice.plus.com

Timekeepers

Geoff Backshall and Betty Philipson - both City RC (Hull)

Handicapper

Phil Hurt - Yorkshire RC

AWARDS

Best on standard	1 st £40, 2 nd £30, 3 rd £25, 4 th £20
Fastest on standard in age category and not in first 4 on standard	Age 40-49, 50-59, 60-69, 70-79, 80+ £20 each
Actual fastest – men	1 st £30, 2 nd £25, 3 rd £20
Actual fastest – women	1 st £30, 2 nd £20
Handicap	1 st £30, 2 nd £25, 3 rd £20
Tandem best on standard	2 @ 10 pence per second faster than standard

Riders who are not VTТА members are ineligible for awards on standard (VTТА regulation 3.1.3) unless joining prior to the day of the event. Joining is quick and easy on the VTТА website - www.vtta.org.uk. Please inform the Event organiser if you have done so.

Course Details V714 (B1230 Gilberdyke - Howden)

Start on B1230 at west end of Gilberdyke, 5 miles east of Howden TI, at a point 110 yards east of Gilberdyke Service Station at painted mark at end of lane. Proceed westwards on B1230 to turn at Howden TI. Retrace through Gilberdyke to finish at TP 107/31-60, 15 yards past entrance to White Rose Inn (Gilberdyke).

Please exercise caution at the pelican crossing in Gilberdyke approximately ½ mile before the finish.

Start Directions

To get to the start turn left out of HQ and continue for 1.8 miles.

Headquarters, Car Parking and Race Numbers

Headquarters NEWPORT VILLAGE HALL (postcode HU15 2PP), on B1230 at west end of Newport village, open from 1pm. There is a small car park and adequate roadside parking.

-) Numbers and signing on from 1.00pm.
-) You must also sign off when returning your number or you may be recorded as DNF.
-) Please wear your race number in a central position below the waist so that it is clearly visible to other road users when you are riding.
-) Refreshments will be available – Donations to **Yorkshire Air Ambulance**, please be generous.
-) Toilets and changing rooms with showers at the HQ.

Safety and Local Regulations

-) Do not warm up on turbo trainers near houses.
-) Only officials cars are allowed at or in the vicinity of the start.
-) Please do not warm up on the course once the event has started
-) No U turns near the start. Do not pass the start time keeper other than to start your ride. Once at the start wait behind the timekeeper until being called to start. Do not obstruct the roadway.
-) Riders are advised that the CTT district committee will discipline any rider who is reported for riding or behaving in an unsafe manner or who contravenes local regulations.
-) Please note that the marshals will only indicate your direction and cannot control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your head up and keep to the left of the carriageway.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all riders to wear a hard shell helmet that meets an internationally accepted safety standard

It is recommended that a working rear light, either flashing or constant, is fitted to machines in a position visible to following road users and is active whilst the machine is in use.

Notification of Improvements (CTT Regulation 13)

Riders have been handicapped based on information provided with entries. Any improvement or new performance occurring more than three days before the event MUST be notified to the organiser within three days.

THERE IS A CLUB EVENT ON THIS SAME COURSE STARTING AT 1PM. PLEASE DO NOT INTERFERE WITH NOR OBSTRUCT THEIR RIDERS IF YOU ARE RIDING THE COURSE EARLY.

ORDER OF START - TANDEMIS

No.	Name	Club	M/W	Age	Std.	VTTA memb.	Off at
1	Graham Barker	Rockingham CC	M	70	27:23	Y	14:01
	Chris Duggleby	VTTA (N Mids)	M	64		Y	
2	Andy Whitehead	Rockingham CC	M	53	26:46	Y	14:02
	Ala Whitehead	Rockingham CC	W	45		Y	

ORDER OF START - SOLOS

No.	Name	Club	M/W	Age	Std.	VTTA memb.	Hcp.	Off at
3	Simon Richardson	VTTA (Yorkshire)	M	67	28:30	Y	08:30	14:03
4	Sydney Wilson	Sheffield Phoenix CC	M	90	36:29	Y	10:10	
5	David Wright	Cheshire Roads Club	M	65	28:13	Y	03:30	14:05
6	Richard Walkner	Team Swift	M	64	28:06	N	04:00	
7	John Tiffany	Harrogate Nova CC	M	77	30:29	Y	04:30	
8	Mike Cole	Huddersfield RC	M	74	29:45	Y	05:10	
9	Mike Riches	Yorkshire RC	M	86	33:54	Y	10:00	
10	Matthew Asquith	Team Sportslab	M	45	26:27	N	01:50	14:10
11	Paul Brierley	Huddersfield RC	M	52	26:58	Y	02:20	
12	Gary Clarke	Rutland CC	M	54	27:07	Y	03:30	
13	Mike Beckett	Team Sportslab	M	46	26:31	Y	05:00	
14	Alan Gay	Team Swift	M	72	29:20	Y	06:30	
15	David Burgher	Kelso Wheelers CC	M	48	26:40	N	01:30	14:15
16	Russell Horner	Team Sportslab	M	50	26:49	Y	02:30	
17	Colin Birchall	HD Revolutions	M	48	26:40	Y	03:30	
18	Andy Clark	Rutland CC	M	53	27:03	Y	04:20	
19	Jennifer Lynn	Selby CC	W	50	29:06	N	09:20	
20	Gary Bates	Team Swift	M	56	27:17	Y	01:20	14:20
21	Chris Harris	Holmfirth C C	M	61	27:45	Y	02:10	
22	Nigel Finch	Mercia CC	M	64	28:06	Y	03:00	
23	Christopher Green	Drighlington BC	M	60	27:39	Y	03:50	
24	Guy Lewis	Holmfirth C C	M	52	26:58	Y	05:00	
25	Ciaran Pickering	Team Sportslab	M	42	26:12	Y	01:50	14:25
26	Fiona Sharp	Team Swift	W	40	28:14	Y	02:20	
27	Sarah Lewthwaite	Team Sportslab	W	45	28:42	Y	03:20	
28	John Eric Potter	Bridlington CC	M	65	28:13	Y	04:00	
29	Steven Woodrup	Yorkshire RC	M	72	29:20	Y	05:10	
30	Andy Thomas	Lindsey Roads CC	M	50	26:49	Y	01:30	14:30
31	Rob Hill	Team Sportslab	M	43	26:17	Y	03:00	
32	Ben Hamilton	Rutland CC	M	73	29:32	Y	03:30	
33	Greg Elliott	Harworth & Dist CC	M	68	28:39	Y	05:50	
34	Ron Hallam	South Pennine RC	M	88	35:04	Y	07:30	
35	Lee Watson	Team Sportslab	M	44	26:22	Y	01:20	14:35
36	Paul Mapletoft	Kiveton Park CC	M	55	27:12	Y	02:30	
37	John Savage	Hull Thursday RC	M	58	27:28	Y	03:30	
38	Charlotte Ridsdale	Rutland CC	W	52	29:16	N	05:40	
39	Jo Scott	Team Swift	W	56	29:38	Y	06:30	
40	Jymmy Trevor	Hull Thursday RC	M	47	26:36	Y	00:50	14:40
41	Stephen I'anson	Buxton CC	M	63	27:59	Y	02:20	
42	Mark Morris	Harrogate Nova CC	M	44	26:22	N	04:00	
43	David Young	Albarosa CC	M	59	27:33	N	04:40	
44	Michael Davis	Beeston RC	M	73	29:32	Y	05:10	
45	Simon Ward	Scarborough Par CC	M	46	26:31	Y	01:20	14:45

No.	Name	Club	M/W	Age	Std.	VTTA memb.	Hcp.	Off at
46	Ian Richardson	Selby CC	M	57	27:22	N	02:20	
47	David Percival	Team Swift	M	42	26:12	Y	05:20	
48	Ian West	Selby CC	M	68	28:39	Y	06:30	
49	Debbie Dettmar	Valley Striders CC	W	53	29:21	Y	08:00	
50	Richard Dixon	Team Swift	M	56	27:17	Y	00:20	14:50
51	Andrew Carroll	Hull Thursday RC	M	45	26:27	Y	02:00	
52	Anthony Nash	Scunthorpe Poly CC	M	54	27:07	Y	02:30	
53	Michelle Morley	Team Swift	W	53	29:21	Y	04:10	
54	Peter Macklam	Yorkshire RC	M	76	30:13	Y	05:30	
55	Anthony Ashworth	Wetherby Whs	M	51	26:54	Y	00:20	14:55
56	Duncan Glover	Harrogate Nova CC	M	53	27:03	Y	02:30	
57	Allen Bell	Yorkshire RC	M	73	29:32	Y	05:30	
58	George Miles.	Barnsley RC	M	76	30:13	Y	08:30	
59	Mickie Hornby	Team Swift	W	85	36:24	Y	10:00	
60	Simon Beldon	Team Bottrill	M	50	26:49	Y	SCR	15:00
61	Simon Geraci	Team Swift	M	51	26:54	Y	01:40	
62	Gordon Wordsworth	Rutland CC	M	67	28:30	Y	04:20	
63	Chris Jones	Calderdale Tri Club	M	47	26:36	N	05:00	
64	Kenneth Stevens	South Pennine RC	M	89	35:44	Y	07:30	
65	Mark Wolstenholme	Team Swift	M	41	26:07	Y	00:30	15:05
66	Melvin Blackford	Vive Le Velo	M	56	27:17	Y	02:20	
67	Christopher Mawer	Harrogate Nova CC	M	55	27:12	Y	05:10	
68	Mel Bentley	West Yorks Police CC	M	65	28:13	Y	05:50	
69	Geoff Hornby	Southport CC	M	84	32:55	Y	06:30	
70	Neal Parkin	Team Bottrill	M	40	26:02	N	00:10	15:10
71	Adam Cockroft	Albarosa CC	M	48	26:40	Y	01:40	
72	Simon Inman	OVB	M	46	26:31	Y	02:00	
73	Paul Ruta	Barnsley RC	M	72	29:20	Y	03:10	
74	Andrew Brown	Audax UK	M	61	27:45	N	05:00	
75	Richard Dean	Rockingham CC	M	40	26:02	Y	00:10	15:15
76	Adam Hardy	Team Sportslab	M	43	26:17	Y	02:10	
77	Anthony Keyworth	Kiveton Park CC	M	72	29:20	Y	03:10	
78	Paul Lee	Calder Clarion	M	54	27:07	N	03:30	
79	Gary Brearley	City RC (Hull)	M	61	27:45	N	04:00	
80	Ian Guilor	Mapperley CC	M	52	26:58	Y	SCR	15:20
81	Robert Cooke	Rockingham CC	M	43	26:17	N	01:30	
82	Alasdair Bruce	Yorkshire RC	M	62	27:52	Y	02:20	
83	Paul Eveleigh	Lincoln Whs CC	M	58	27:28	Y	02:30	
84	Michael Lamb	Kiveton Park CC	M	50	26:49	N	03:20	15:24